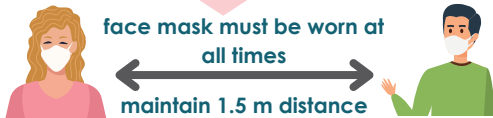


# 5-day lockdown from 11:59pm Friday 12 February

## What are the current restrictions?



## STAY AT HOME UNLESS

- Shopping for essential goods and services (one person per household per day)
- Exercising for 2 hours or less
- Caregiving or compassionate reasons
- No visitors allowed in your home

no public or private gatherings

travel limit of 5km from your home

## What should you do to stay safe?

Take extra care with high touch areas:

- wipe down shared facilities before use
- bring your own products
- avoid using hands where possible
- wash your hands regularly
- wear a mask in public
- avoid crowded areas



Get tested straight away if you have any of these symptoms:

- fever, chills
- chills & sweats
- sore throat
- cough
- short of breath
- runny nose
- loss of taste or smell
- diarrhoea



Make sure you go straight home after your test and wait for results - usually takes 24hrs

## FOR SUPPORT CALL 5367 2000